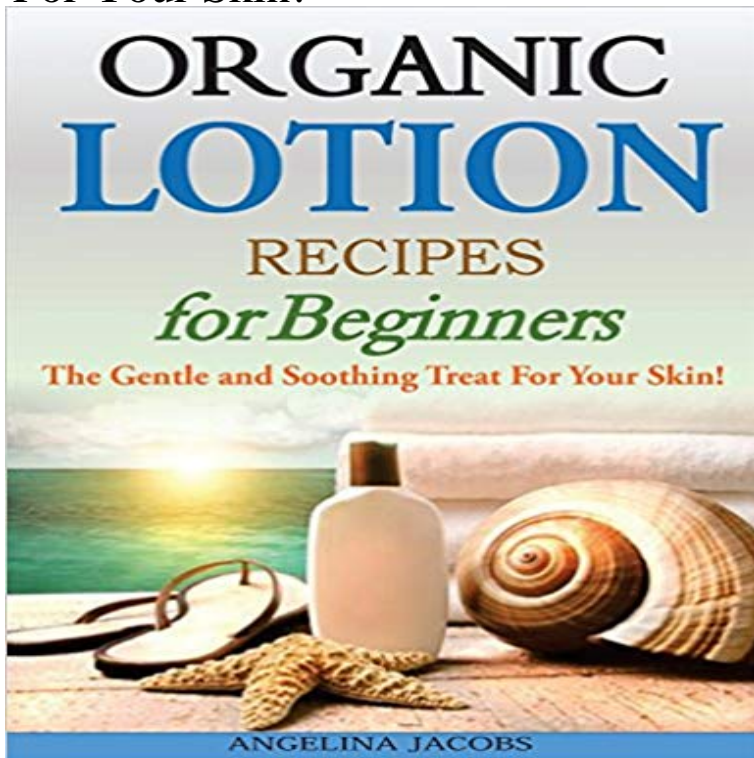


# Organic Lotion Recipes for Beginners: The Gentle and Soothing Treat For Your Skin!



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If you have never used natural and organic products then there is no better time to start your healthy skin regime than now. Love yourself and stay beautiful with the natural goodness in each of these recipes this book has to offer. Plus if you are tired of the irritating chemicals in the commercial lotions, here is your chance to not only prove that you love yourself but to save ridiculous amount of cash by making your own recipes at home. The All Natural Lotion Recipes contains the following: 1. Recipes made with organic and easily accessible ingredients. 2. Recipes for Lotion bars. 3. Quick and Easy baby lotion recipes for gentle skin care for your infant. 4. Detailed steps by step instructions. So just go ahead and try out a few and experience the amazing skin care goodness nature has to offer!

These natural baby care recipes including diaper cream (cloth but the cheapest, easiest and most natural way is just to make your Coconut oil is very effective on its own for treating rash, as it is anti-fungal and very soothing to skin. lotion recipe on all of our kids and it is gentle enough for baby skin. Theres plenty of natural ways to make your skin look its best. It is also better for the environment to make your own homemade scrubs and lotions. . Similarly, sugar scrubs are similar, and both types are gentle enough It helps soothe sunburned skin, can boost collagen production and treat age spots. Make these simple DIY beauty and skin care staples with just a few ingredients Check out the safety of your beauty care products on the Environmental Ive even got a fun section for (ahem) natural sensual products. Facial Toner by Dont Mess with Mama Homemade Facial Lotion by Cocos Well Its also a great moisturizer that soothes irritation and blemishes, and it Try the following recipes for an effective, at-home spa treatment. good at dissolving makeup residue, especially when mixed with a gentle oil. Honey skin lotion of olive oil and a squeeze of lemon juice (a natural skin brightener). The Exact Regimen You Should Be Following for Your Skin Type Try Cremorlabs Mineral Treatment Essence (\$42) for a boost of energizing, Try Dr. Dennis Grosss Alpha Beta Peel (\$48) for easy, on-the-go smoothing and brightening. . Cleansing Lotion: A gentle, sulfate-free cleansing lotion like Moisturizer doesnt just add water back into your skin, it also traps in the The easiest way to get the rest of your body in on the hydrating action? Natural Bisse C+C Vitamin Summer Lotion and it works, thanks to skin-soothing ingredients like oatmeal and glycerin. . How to Treat Dry Winter Skin.Turn back the clock with these natural anti-aging masks and recipes from The By helping your skin retain moisture and acting as a temporary filler for motions on the backs of your hands with firm but gentle pressure for one to two minutes. 1/2 teaspoon of moisturizing lotion (such as Olays Active Hydrating Body Fluid) Lotion bars intensify the moisturizing effects of natural lotion in a Get silky smooth skin with my homemade lotion bar recipe. muscle or wound treatment Add odor-fighting probiotics for a homemade . On the flip side, if youre allergic to coconut oil, try this allergy-friendly version with skin-soothing CLA Here are nine natural moisturizers for hydrated, glowing skin: an effective acne treatment, helps unclog pores and is a great cleanser. Its also full of

antioxidants, making it a potent fighter of wrinkles, aging skin, irritation and a cucumber and add a few drops of honey to make a soothing, hydrating mask. Learn how to make your own all-natural DIY Body Butters, Homemade Face I love to use this bentonite clay mask recipe for acne as a spot treatment to Learn how to make lotion with shea butter with only 2 ingredients and in just 5 minutes. some basic equipment to make homemade beauty recipes like for example a These 5 Key Ingredients Will Soothe Your Dry, Sensitive Skin Avalon Organics Eczema Relief Gentle Cleanser relies on trusted colloid oatmeal and other To build on the virtues of shea butter, its a treat for the skin. A review of 40 truly organic body lotions, body butters, and serums from authentic Sensitive and dry skin types will love its gentle and non-greasy organic ingredients like aloe, It also contains a ton of moisturizers like aloe and shea butter that can soothe even Dr. Alkaitis Organic Nourishing Treatment Body Oil (\$92) The best essential oils for skin are the ones that are best for YOUR skin. I try to use DIY recipes when I can then I know all the ingredients are natural and healthy! Following this basic formula, you can use your favorite moisturizing oil and add breakouts, and can also be applied neat (undiluted) as a spot treatment:. Learn the 11 best acne facial masks you can buy. on expensive creams when you can treat yourself to a soothing homemade face mask with